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VANCOUVER • MONDAY, NOVEMBER 17, 2008 metronews.ca

7 die in B.C. plane crash

SURVIVOR Seven people died when a twin-engine airplane flying out of Vancouver crashed on an island about 90 kilometres north of the city. The lone survivor walked away from the wreckage with burns and superficial injuries.

Mark Hourie, a water taxi driver out of nearby Secret Cove, spoke to rescuers and said the plane crashed on South Thormanby Island.

"There's a peak it looks like they were trying to avoid, the only tall one on the island," Hourie said.

"It crashed right in the middle of the island."

There was one survivor, Hourie said.

"He was walking. He had abrasions, and his clothes were burned."

According to the Joint Rescue Co-ordination Centre in Victoria the survivor was rescued by the Coast Guard from a nearby beach.

The Grumman Goose amphibious airplane operated by Pacific Coastal Airlines had left Vancouver International Airport at 10:15 a.m.

According to RCMP Cpl. Peter Thiessen police were first alerted to the crash by a Thormanby Island resident who thought he heard a plane crash.

Thiessen said the wreckage was still burning by mid afternoon.

The investigation into the cause of the crash continued until late last night.

With files from Rob McLauchlin

FERNANDO CARNEIRO /METRO VANCOUVER

2nd crash

- This is the second fatal crash for privately owned Pacific Coastal in less than a year. Five people died when a charter plane went down on northern Vancouver Island in August.

MONICA MARTINEZ

Mayor-elect Gregor Robertson addresses supporters at the Hotel Vancouver on Saturday night.

Gregor to tackle homelessness

MONICA MARTINEZ
for Metro Vancouver

Gregor Roberston vowed to tackle homelessness and open to the public details of the $100-million Olympic Village loan before he welcomes the world to Vancouver for the 2010 Olympic Games.

The former MLA, running for Vision Vancouver, was elected mayor with nearly 20,000 more votes than Peter Ladner of the Non-Partisan Association — a 15 per cent margin.

"The solution to homelessness is and always will be a home, but building homes will take time, years," he told a jubilant crowd at the Hotel Vancouver on Saturday night during his victory speech.

"My first order of business is to call an emergency task force on homelessness and to focus on how we get people off the street as quickly as possible in to temporary housing or shelter."

His speech also included promises of affordable housing, making Vancouver the greenest city in the world, and ensuring transparency and accountability at City Hall.

Referring to the controversial $100-million bailout of the Millennium Olympic Village — the project was approved unanimously by councillors, including members of Vision Vancouver — Robertson said "when the city uses public money, the public has the right to know."

He pledged to call a public meeting during his first 30 days as mayor to disclose full details of that deal.

Outgoing Mayor Sam Sullivan yesterday congratulated Robertson.

"I will offer my ongoing advice as the city prepares to host the world in 2010."

Sullivan also congratulated Peter Ladner and the NPA team for fighting a "passionate campaign."

Stating that there is more unity than division at City Hall, Robertson said he looks forward to "working with all members of council together to build a better city."

Tale of the tape

- Gregor Robertson, Vision, 67,598 votes
- Peter Ladner, NPA, 48,794 votes
- 30 per cent of registered voters cast their ballot

ShareYourViews
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Metro World News Guest Editor Exclusive

JamesBlunt

Pop singer adds own flair to Metro

British pop star James Blunt is going behind the scenes at Metro today as our first-ever global guest editor. On the eve of his cross-Canada tour — which kicks off in Vancouver today — the multimillion-selling singer-songwriter, best known for his hit single You're Beautiful, is providing input in our newsrooms, contributing to our Comment & Views page (pg 9), and focusing attention on Médecins Sans Frontières, an international medical humanitarian organization (see story at metronews.ca). Blunt also has something to say about online music sites in our Entertainment section (pg 15). "With so much going on in the world right now," Blunt says, "I am looking forward to editing a newspaper, raising the profile of subjects close to my heart and hopefully have a little fun along the way." Visit metronews.ca to learn about Blunt's passion for skiing and his picks on where to hit the slopes, and find out more about what happens when Blunt trades in his guitar for a notepad.

Entertainment pg 18

Lohan gets dusted

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POINTS

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7544B Vedder Rd.

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2700B Barnet Hwy.
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135 - 12477 88th Ave.
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403 - 15940 Fraser Hwy.
10310A 152nd St.

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Piccadilly Mall (Salmon Arm)
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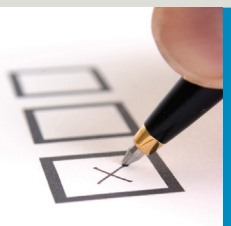
MLAs set to attend economic session Thursday
B.C. MLAs are returning to the legislature this Thursday for a short session on the economy. Politicians are expected to table legislation to help the province's economy weather the world financial storm. METRO VANCOUVER

Local



City projects approved

Vancouver voters approved the borrowing of $220 million during the next three years to pay for capital projects like improving infrastructure and a new Vancouver police training and forensic storage facility. Homeowners will see their property taxes increase by 1.5 per cent each year until 2011 to fund the various projects. METRO VANCOUVER

Robertson 'struck a note' with voters, Ladner says

MARIA COOTAUCO / METRO VANCOUVER
Peter Ladner

NPA Defeated mayoral candidate Peter Ladner lamented the low voter turnout that decided yesterday who will guide the city heading into the 2010 Olympics.

"We were all disappointed with the turnout — 25 per cent," he said to a half-full room of NPA well-wishers. "But there it is. Those are the people who wanted to come out and they have spoken."

Ladner lost out to Vision's Gregor Robertson by almost 19,000 votes — Robertson captured 67,598 votes, while Ladner brought in 48,790 votes.

"I think obviously, Gregor Robertson struck a note with homelessness and he convinced them that he could do something about it that we couldn't, and now it's up to him to prove that," he said.

"Gregor Robertson, of course, is a completely unknown quantity," said Suzanne Anton, the only NPA councillor who retained her seat.

"I hope he makes a good mayor, because we need one. But I have no idea. It's a complete unknown."

Asked if the $100-million loan fiasco that has dogged city hall since last week may have been a deciding factor in the election, Ladner was unconvinced.

"I don't think that leak story was the determining factor," he said. "I think that the polling showed that the results aren't that much different from what they would have been a week before."

MARIA COOTAUCO/
FOR METRO VANCOUVER

metronews.ca
WHAT'S ONLINE TODAY

Watch James Blunt on why he's excited to be Metro's guest editor at metronews.ca/canada

Read Guidy Mamann's column on immigration matters at metronews.ca/live

Watch as Rae and Ignatieff reopen old Liberal wounds at metronews.ca/canada

Lotteries
Friday, Nov. 14
Lotto Super 7: 6, 10, 18, 28, 33, Bonus 17
Extra: 2, 18, 46, 66
Saturday, Nov. 15
Lotto 6/49: 8, 9, 12, 16, 19 & 21Bonus 47
BC 49: 5, 6, 13, 32, 44 & 48 Bonus 40
Extra: 7, 52, 72, 88
These results are not official.

News in brief

PARK BOARD All Vision Vancouver candidates who ran were elected, taking three seats from the NPA and one from COPE.
- Constance Barnes, Vision, 62,973
- Aaron Jasper, Vision, 58,343
- Sarah Blyth, Vision, 56,775
- Loretta Woodcock, COPE, 49,901
- Raj Hundal, Vision, 48,871
- Stuart MacKinnon, Green, 48,415
- Ian Robertson, NPA, 44,005

SCHOOL BOARD Vision took four trustee seats from the NPA, leaving them with two representatives while COPE retained their three places.
- Patti Bacchus, Vision, 64,451
- Mike Lombardi, Vision, 62,772
- Ken Clement, Vision, 62,096
- Sharon Gregson, Vision, 61,417
- Allan Wong, COPE, 56,027
- Al Blakey, COPE, 49,045
- Jane Bouey, COPE, 48,227
- Ken Denike, NPA, 46,777
- Carol Gibson, NPA, 46,048

METRO VANCOUVER

Chilliwack's first female mayor

KRISTEN THOMPSON
kristen.thompson@metronews.ca

Across the Lower Mainland, new mayors were elected and incumbent mayors kept their seats in equal proportions, but Chilliwack is boasting a first.

The city elected its first female mayor, veteran councillor Sharon Gaetz, in a landslide victory over Wayne Massey and Norm Smith.

Port Coquitlam also elected a new mayor on Saturday. Greg Moore replaced controversy-plagued outgoing Mayor Scott Young.

Earlier this year, Young was convicted of assaulting his former girlfriend and her male friend.

Richard Stewart narrowly beat incumbent Coquitlam Mayor Maxine Wilson, finishing with 8,807 votes to Wilson's 7,358.

Among the incumbents re-elected were Derek Corrigan and Dianne Watts, in Burnaby and Surrey, respectively.

Corrigan had twice as many votes as his rival Andrew Robert Chisholm, while Watts had a landslide win of 51,423 over Murray Weisenberger's 8,465.

Malcolm Brodie also won re-election in Richmond, winning 19,694 votes to Ivan Gerlach's 5,207.

Re-elected
- Lois Jackson in Delta
- Pamela Goldsmith-Jones in West Vancouver
- Peter Fassbender in Langley City
- James Atebe in Mission
- Wayne Wright in New Westminster
- Joe Trasolini in Port Moody

Newly elected
- Don Mclean in Pitt Meadows.
- Ralph Drew in Belcarra Village
- Richard Walton in the District of North Vancouver
- Darrell Mussatto in the City of North Vancouver
- Wayne Wright in New Westminster
- Ernie Daykin in Maple Ridge
- Rick Green in Langley Township
- George Peary in Abbotsford
- Catherine Ferguson in White Rock

Vision victorious with seven council spots

MONICA MARTINEZ / METRO VANCOUVER
Vision Vancouver members celebrate at the Hotel Vancouver on Saturday night, from left; Kerry Jang, Kashmir Dhaliwal, Heather Deal, George Chow and Mike Lombardi.

MONICA MARTINEZ
for Metro Vancouver

The Non-Partisan Association was almost shut out of City Council in Saturday's election, dropping from five councillors to one, and leaving Coun. Suzanne Anton alone in a team of seven Vision and two COPE councillors.

"Gregor has promised the end of partisan bickering so I expect that whenever I make a motion, they'll be happy to second it," she told CBC News yesterday.

Anton retained her council seat by placing eighth out of 10 with 52,941 votes — a drop of almost 8,000 votes from 2005's election, when she was the top vote-getter among city councillors.

"The public didn't have enough faith in what we were doing. (The Olympic Village controversy) shook the public's confidence," Anton said.

Not returning to council office in 2005 are a disappointed group of NPA candidates: Peter Ladner, Kim Capri, Elizabeth Ball and B.C. Lee.

Back for a second round are Vision candidates Raymond Louie, Heather Deal, George Chow, and Tim Stevenson, and David Cadman with COPE.

Vision Vancouver newcomers are UBC psychiatry professor Kerry Jang, school board member Andrea Reimer, journalist and author Geoff Meggs.

Community developer Ellen Woodsworth was elected for the first time as a COPE councillor.

City councillors
- Raymond P. Louie Vision 66,226
- Heather Deal Vision 63,116
- George Chow Vision 62,262
- Kerry Jang Vision 60,598
- Andrea Reimer Vision 59,148
- Tim Stevenson Vision 58,380
- David Cadman COPE 56,665
- Suzanne Anton NPA 52,941
- Geoff Meggs Vision 49,538
- Ellen Woodsworth COPE 45,877

B.C. lumber used in earthquake-resistant building
A Chinese school destroyed by an earthquake has been rebuilt using B.C. lumber, and could serve as a model to be used across China. **METRO VANCOUVER**

Minister not welcome: MP

KRISTEN THOMPSON
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MP Libby Davies has joined the fight to keep an American church group, which plans to protest a Vancouver play about a murdered gay man, from crossing the border.

"Hatred, bigotry and harassment are not welcome in our communities," Davies said of the "viciously homophobic hate group."

The Westboro Baptist Church, which is led by anti-gay minister Fred Phelps, announced on its website plans to protest The Laramie Project at Havana Theatre on Commercial Drive Nov. 28.

Libby Davies

"This would constitute a premeditated violation of section 319 of the Canadian Criminal Code, which states it's an offence to willfully promote hatred against any identifiable group," Davies said.

"On previous occasions, the government has alerted Canada Border Services Agency of the group's plans, and instructed CBSA personnel to ensure Canadian law is upheld," she added.

"We are sending a letter to the current Minister of Public Safety urging him to follow this well-established precedent."

Two weekend bomb threats

KRISTEN THOMPSON
kristen.thompson@metronews.ca

A man has been arrested in connection with a bomb threat made to the Burnaby RCMP detachment on Deer Lake Parkway.

Const. Holly Marks said all staff was evacuated on Saturday when a man called 9-1-1 and reported he was standing in the building with a bomb.

The Lower Mainland Explosives Disposal unit was notified and police dog services searched the detachment but found nothing.

It was the second possible bomb threat police had to deal with in two days.

On Friday, a community policing officer found what RCMP called a "suspicious package" on MacPherson Avenue.

The Explosive Disposal Unit (EDU) shut down the street and evacuated nearby homes and businesses.

When a robot was unable to detonate the device it was taken away to be examined.

News in brief

BUST Abbotsford police are investigating what they believe is an attempted marijuana grow-op, cknw.com reports. Police were called to a home after neighbours said the homeowner was battling a thief. When they arrived both men fled and a grow-op was discovered.

MOVE An historic Vancouver store closed yesterday. The London Drugs near Broadway and Heather opened in 1970 and was the prototype of the chain's large stores, news1130.com reports. It reopens tomorrow at Broadway and Cambie Street. **METRO NEWS SERVICES**

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Police warn users against iTheft

While a rise in violent iPod robberies has Toronto police warning the public to keep their MP3 players hidden, they also said that another tech-object has become to popular choice targeted by thieves — iPhones. **TORSTAR NEWS SERVICE**

Canada

"Becoming a Hells Angel is not an easy thing."

Steven Gault, who's now living under an assumed name in witness protection.

Angels trial

Steven Gault continued his testimony for the prosecution against Oshawa Hells Angel president Mark Stephenson and Remond Akleh, of the club's elite Nomads unit, on murder charges. METRO NEWS SERVICES

Parliament set to resume work

MPs return to Parliament tomorrow for a session that promises to test their partisan instincts and political philosophies.

Prime Minister Stephen Harper, who vowed during the election campaign not to run a deficit, now faces pressure for deficit spending to kickstart an ailing economy.

Stephen Harper

With Canadians worried about their pensions and jobs and government revenues battered by the downturn, all 308 MPs are feeling the pressure to be on their best behaviour and curb the partisan antics that poisoned the last session of Parliament.

"I think our entire government is willing to try and do whatever we can to make this next Parliament as productive and positive and collegial as possible," said Government House leader Jay Hill.

The pledges of goodwill will quickly be put to the test as the government outlines its priorities for the parliamentary session in the throne speech. Harper is being pressured to cancel promised corporate tax cuts and add infrastructure spending by the opposition. **TORSTAR NEWS SERVICE**

Body paint **Naughty but nice**

ROBIN KUNISKI/FOR METRO CALGARY

Serina Carpenter, 25, gets painted by makeup artist Dana Mooney, 25, at the Ace Angels booth set up at the Taboo Naughty but Nice Show at the Calgary Roundup Centre over the weekend.

First things first, MPs will vote on Speaker of House

POLITICS Think part diplomat, part scolding parent, hockey referee and schoolyard monitor and you get a taste of the job that's up for grabs when MPs return to Parliament — House of Commons Speaker.

When Parliament resumes sitting tomorrow, one of the first tasks for MPs will be to pick one of their own for the difficult job. With the job goes the big task of policing the daily question period, a heated 45-minute session of heckling and partisan politics.

At least five MPs are expected to give Liberal Peter Milliken, the current Speaker of the House, a run for his money for the post. **TORSTAR NEWS SERVICE**

News in brief

MILITARY It was revealed yesterday that the Canadian military does not track how many of its soldiers are suffering from hearing loss and traumatic brain trauma, two signature injuries of the Afghanistan and Iraqi wars. **REUTERS**

Watch Canadian soldiers care for Afghan troops after an IED blast at metronews.ca/canada

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Four militants dead after Israeli air strike
An Israeli air strike killed four militants in the Gaza Strip yesterday and Prime Minister Ehud Olmert said he had commissioned a plan for military action in the Hamas-run territory if rocket attacks on Israel persist. REUTERS

World/Business

Leaders unite to fight crisis

G20 looks for ways to tackle the weak global economy

World leaders pledged rapid action Saturday to rescue a weakening global economy from the worst financial crisis in over 70 years and agreed to give emerging nations more say in running financial affairs.

The Group of 20 leaders from major industrialized and developing countries set out plans to toughen oversight for major global banks, study limits on banker pay and try for a breakthrough by year end in global trade talks — all part of a roadmap to rebuild a financial system crippled by the credit crisis.

"It is the worst crisis in 100 years. But the crisis could be a chance at the same time. History tells us that when we overcome crisis, a new order is created."
Japanese Prime Minister Taro Aso

"We must lay the foundation for reform to help ensure that a global crisis such as this one does not happen again," they said in a statement after their first-ever summit.

They vowed to make progress before a second summit by the end of April.

President George W. Bush called the meeting, probably his last major economic event before he steps down in January, a success, saying leaders agreed to free-market, pro-growth policies.

"It makes sense to come out of here with a firm action plan, which we have. And it also makes sense to say to people that there is more work to be done," he said.

The G20 also called for fiscal stimulus measures, be they tax cuts or government spending, to take "rapid effect," and urged more interest rate cuts.

But they fell short of announcing any new measures or major regulatory breakthroughs, and left it up to individual countries over what actions to take.

"It is the worst crisis in 100 years," said Japanese Prime Minister Taro Aso. "But the crisis could be a chance at the same time. History tells us that when we overcome crisis, a new order is created. We should not be just flustered by the crisis." REUTERS

Amnesty **Fighting for Zimbabwe**

JOHANNES EISELE/REUTERS

Left to right: Bokani Nleya, Jenni Williams, Tracy Leigh Doig and Magodonga Mahlangu from WOZA (Women of Zimbabwe Arise) pose with their prize before the Amnesty International fifth Human Rights Award ceremony in Berlin yesterday.

News in brief

SURVIVAL Psychological group therapy for women with breast cancer may help them not only to cope better with their disease but also live longer, U.S. researchers said today. REUTERS

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Business

Bailouts can't fix lack of 'prime' borrowers

The latest U.S. effort to get more money flowing to consumers assumes that there are plenty of creditworthy households eager to borrow and spend.

That may not be the case. Rising unemployment and foreclosures are driving more people out of the "prime" credit category, in which banks are still fairly willing to lend.

At the same time, consumer confidence has fallen so far that even wealthier people with little trouble getting credit are cutting their spending.

So far, there is little sign that banks that receive bailout money are loosening their grip on cash, much to the frustration of the U.S. government and countries around the world that rely on a healthy U.S. consumer to drive economic growth.

Charles Dallara, managing director of the bank lobby group Institute of International Finance, said though banks have billions of taxpayer dollars in hand, it's unrealistic to expect normal lending to resume immediately.

"Capital does not automatically create creditworthy borrowers," he said. REUTERS

Auto execs may face the axe

AUTOS U.S. automakers should consider executive shake-ups if it would ensure congressional backing for a bailout supporters say is needed to prevent industry collapse, an architect of the effort said yesterday.

The statement by Carl Levin of Michigan underscored the difficulty Democrats are having in finalizing a rescue plan of up to $25 billion US.

"If it was the difference between getting this kind of support or not, obviously the management should consider resigning," Levin said on NBC. REUTERS

An EXCLUSIVE interview with
Marianne Pearl
– The journalist portrayed by Angelina Jolie in the hit movie "A Mighty Heart"

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Comment & Views

Comment

Time to see green in the red

GuestEditor

James Blunt

Artist & Metro World News Guest Editor

This year, I have visited more than 180 cities on my world tour, and wherever I went — from Aberdeen to Auckland — one thing never failed to amaze me: Air conditioning. It was blasting at sub-arctic levels in nearly every hotel I stayed, when most times it would have been just as easy — and better for the environment — to open a window.

To me, hotel air conditioning is a small, but telling reminder of the luxuries we have grown so accustomed to in an age of prosperity, but could often do without. They are things — like SUVs, or fish caught half a world away or even disposable hand wipes — that barely improve our daily lives, but altogether, are taking a terrible toll on our planet.

So, as we read in newspapers like Metro about the economic slowdown, I wonder if there might be a silver lining in such grim news: The possibility that after a period of so much consumption, we might cut back a bit on extravagances we don't need and give our over-worked planet a bit of a breather?

I realize that many people roll their eyes when a celebrity preaches about the environment — or rescuing baby seals, or any other worthy cause. (I don't like preaching, either, and — contrary to what you might have read in the tabloids — I don't think of myself as a celebrity).

As an army officer and a musician, I have had the privilege of seeing some of the planet's natural treasures. Sadly, I have also seen the way that we abuse it by dropping bombs and building shopping malls.

"You can remind our leaders that the environment should not depend on the stock market."

I don't pretend to be an environmental expert, but I am learning. Before my concerts, we screen a preview of An Inconvenient Truth, the remarkable documentary by former U.S. vice-president Al Gore. (www.aninconvenienttruth.com.au). I am installing solar panels at home, and for every ticket to one of my concerts sold online, we plant a tree.

I'm a supporter of The Big Ask. It is a campaign by Friends of the Earth to get governments to reduce carbon dioxide emissions — the main cause of global warming. Thanks to them, the European Union is now debating laws that would force members to cut emissions by 20 per cent by 2020. If approved, it would be the most ambitious plan in the world, and just might convince the U.S., China and others to come aboard.

Unfortunately, some politicians are pointing to the economy and saying that now is not the time to fight global warming. I think they have it backwards: We cannot afford to wait any longer. Global warming is a problem that is only going to get worse, and more costly to fix, the longer we delay. By joining The Big Ask, you can remind our leaders that the environment should not depend on the stock market.

And one more thing: Next time you switch on the air conditioning, think about cracking a window open instead.

James Blunt is a British pop singer-songwriter whose hit single You're Beautiful catapulted him to fame. He is currently touring Canada.

Views

Support girls' drive for education

By MAXINE CROOK

Horrific news: Two men in Afghanistan sprayed battery acid in the faces of eight teenage girls just because they were heading to school.

Encouraging news: Five days later, from her hospital bed, 17-year-old Shamsia Husainai, her face a mass of excruciating burns and one eye blinded, bravely insists: "I will go to my school even if they kill me. I will continue my studies."

Shamsia shares this yearning for an education with 50 million girls who do not get to go to school.

While it's true that many boys also don't have access to education, far more girls lose out on this basic human right. If a family must choose which of their children to educate, it's almost always a boy. Some cultures and religions discourage or forbid the education of girls. And girls, no matter how young, bear the burden of daily work at home, fetching water and firewood, looking after siblings, helping grow food.

This is a tragedy not just for the girls, but for the world! Study after study by international big players — the World Bank, UNICEF, Oxfam — all prove that when girls are educated, amazing things happen: Poverty drops, the health of families greatly improves, economies grow.

Maxine Crook

A woman who has even a basic education enrolls her children in school, has them immunized, has fewer children and knows how to keep them healthy. She is more likely to practise family planning, and has a lower incidence of HIV/AIDS.

A girl with education earns more, which gives her a voice at home and in her community. "Ending global poverty begins with women's rights," according to Oxfam. Women's rights begin with education.

Even the cowardly thugs who threw acid on schoolgirls will not be able to stop girls from pursuing an education. Girls know what they are missing, and when they get a chance, they do brilliantly well.

Metro is a proud sponsor of Give Girls a Chance.

I am a volunteer with Give Girls A Chance (givegirlsachance.org), raising funds for projects that educate girls. I have seen their drive, their optimism, their hard work despite the most difficult backgrounds.

I think of Millicent Obiero, 14, an orphan in Kenya who made it from her tiny village to a high school far away, now near the top of her class.

I think of 10-year-old Selma, in Grade 4 in rural Pakistan, who writes: "My father dislikes my getting an education, so I earn my fees cleaning houses after school."

Each of us can help girls like Millicent, Selma and Shamsia by donating to organizations that fund education and women's rights, (e.g. Oxfam, PlanCanada), or Give Girls A Chance, which only funds girls' education.

Maxine Crook is a documentary maker and fund adviser to Give Girls a Chance (givegirlsachance.org), a Canadian charity that raises money to educate girls in Canada and around the world.

OMAR SOBHANI/REUTERS

Shamsia Husainai, 17, lies on a bed at a hospital in Kabul Friday after an acid attack on her last Wednesday in Kandahar, Afghanistan.

MICHAEL DE ADDER

Letters

Mick Levin, HALIFAX

Response to the global financial crisis was swift and significant. In contrast, response to the climate crisis has been fragmented and ineffective. This only illustrates that world leaders have the ability to combat climate change in a co-operative way.

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Print preview can help cut down on printed pages

Save paper by using the print preview function to see if you can minimize font size or layout to cut down the number of pages that will be printed, according to Greeniology: How To Live Well, Be Green And Make A Difference by Tanya Ha. **METRO NEWS SERVICES**

Going Green

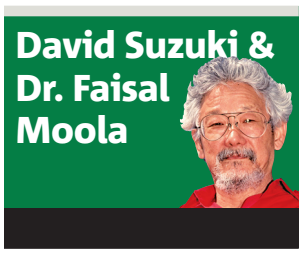
Water down the drain

Canadians on average use 343 litres of water each day. Use of water in the average Canadian household: Bathroom (other than toilets — 35 per cent), toilets (30 per cent), laundry (20 per cent), kitchen and drinking (10 per cent), cleaning (five per cent), according to Greeniology: How To Live Well, Be Green And Make A Difference by Tanya Ha.

EDITOR: MIKE DEREZYCKY, MIKE.DEREZYCKY@METRONEWS.CA

British Columbia has identity crisis

ScienceMatters



If you live in or have visited British Columbia recently, you'll have noticed a campaign to sell the province as "The Best Place on Earth." The government has spent tens of millions of dollars branding the province, and the tagline for its PR campaign appears to be everywhere: on television and radio, on billboards, bus shelters, licence plates, and just about everywhere else you look. And as we enter the home stretch to the 2010 Olympics hosted by B.C., the campaign is reaching a fevered pitch.

Those of us who live among the towering mountains, old-growth forests, and pristine lakes and rivers feel we deserve these bragging rights on occasion. And ecologists tell us that B.C. is blessed with an exceptional diversity of wildlife and wilderness, on par with some of the greatest places on the planet, such as the Serengeti and the Great Barrier Reef.

My home province is Canada's richest region biologically — home to 76 per cent of our nation's bird species, 70 per cent of its freshwater fish, 60 per cent of its evergreen trees, and thousands of other animals and plants. More than 3,800 species are found here, and many of these, such as mountain goat and mountain caribou, live mostly — or only — in the province and nowhere else on the planet. For others, such as the trumpeter swan and sandhill crane, B.C. is a critical wintering ground or stopover in winged migrations that extend over thousands of kilometres.

Most remarkably, unlike most places in North America, B.C. still has all of the large and charismatic megafauna that were present at the time of European settlement, including grizzly bears, wolves and cougars. Indeed, British Columbia is now the last safe haven for most of the large animals left on the continent. For example, grizzlies still roam, feed and breed throughout much of the province, whereas in California, this majestic bruin is now only found as an image on the state's flag, having long been eliminated from the wild.

B.C. has a rich legacy to protect, yet the experts tell us that we are squandering our unique biological inheritance. Earlier this year, scientists revealed that more than four dozen species have disappeared from the province, and the casualty list is growing. A further 1,600 species (43 per cent of all the plants and animals thought to exist in the province) are also in decline and are perhaps facing a similar fate unless action is taken.

These statistics are not just an abstract tally. To the contrary, many residents and visitors to the province have personally experienced these plants and animals in nature — perhaps seen a grizzly bear while on a camping trip, or hooked a salmon on one of our pristine rivers, or been dazzled by a pod of orcas while kayaking. You don't even have to go far from populated areas: the remaining patches of Canada's most endangered forest ecosystem, the Garry oak savannah, can be found in downtown Victoria.

Given the biodiversity crisis that is unfolding in my home province, I'm shocked that the government can claim we're the "best place on Earth." We lag behind virtually every other place in North America in providing legal protection for our wildlife. B.C. stands out in Canada for not having an endangered species law, while smaller provinces such as New Brunswick and Nova Scotia have gone to great lengths to legally protect endangered species and their habitat. Even developing countries, such as Mexico, Costa Rica, and "the glorious nation" of Kazakhstan (to quote Borat) have a leg up on us, with endangered species laws on the books.

I'm proud of my province, and like most residents and visitors to British Columbia, I want to make sure that the natural heritage that we're blessed with is protected for my children and grandchildren to enjoy. However, in light of the government's ad campaign, I think the province needs an identity check. The government needs to reconcile its efforts to brand this province on the basis of its natural wonders with our true identity as one of the "last places on Earth" without an endangered species law to protect the very things that make my home great.

Take David Suzuki's Nature Challenge and learn more at www.davidsuzuki.org.

Dr. David T. Suzuki is a Vancouver-based award-winning scientist, environmentalist and broadcaster.

Impressive holiday lighting

Lighting is one of the best and easiest ways to decorate your home for the holidays. And with today's energy efficient lighting solutions available in a wide range of colours and styles, it's never been easier to create a warm inviting atmosphere for friends and family especially on a cold winter's night. Both the interior and exterior features of your home can be highlighted using these simple tips:

- Direct coloured flood lights at the exterior of your home and this will give it definition. Also, be sure to capture some of the sparkle in the snow.
- Hang outdoor-rated strings of LED lights to highlight roof peaks and windows.
- Hang LED battery operated snowflakes on dry indoor surfaces, such as your windows, for an effect seen both inside and outside your home.

NEWS CANADA

Climate change is more than just an environmental problem

Eco-Minded

Climate change can create food shortages. When you hear this, does your mind turn to Africa, China, and other far away places? Climate change can also affect people's food security right here in B.C.

First Nations people have practised subsistence hunting and gathering for a millennia. Subsistence is more than the basic necessities: it's a way of life. Subsistence goods like cedar trees are not only important as cultural icons, but also as part of exchange relationships at the core of many First Nations. These goods include hunted animals, which are not just important culturally and socially. In many remote communities the monetary value of subsistence harvests can be up to one-third of people's incomes.

A decline in animals central to subsistence practices has pushed people into poverty throughout the Arctic, forcing them to abandon their traditional lands and seek work in cities, which fractures small communities and exacerbates urban unemployment. As climate change becomes more pronounced, subsistence practices here in B.C. will likely become threatened.

One prime example is sockeye salmon, which some prominent fish biologists expect to disappear from the Fraser River and all its tributaries within two decades. Sockeye salmon are considered "keystones" to many First Nations cultures, because of their importance to many aspects of life like ceremonies, trade and diet. When you hear "climate change," don't just think "environmental problems." Think "people problems," especially for those most in need.

Subsistence products

- Some populations of species important to subsistence like salmon are rapidly declining in B.C.
- In the Canadian North a loss of subsistence goods has been related to decreases in physical and psychological health.
- Subsistence has been referred to as not only feeding the body, but the soul.

Kai Chan is an assistant professor and Canada Research Chair at the Institute for Resources, Environment, and Sustainability (IRES) at UBC. Nathan Vadeboncoeur is a graduate student at the Institute for Resources, Environment and Sustainability at UBC.

Eagles and Bengals play to NFL's first tie in six years
Cincinnati's Shayne Graham missed a 47-yard field goal with seven seconds left in overtime to ensure the NFL's first tie since Nov. 10, 2002. Eagles QB Donovan McNabb fumbled and threw three interceptions in the game. METRO NEWS SERVICES

Sports

Manning throws for 320 yards

Peyton Manning led the Indianapolis Colts on four straight scoring drives in the second half, wiping out two Houston leads and giving the Colts a 33-27 victory yesterday. It was the third straight win for Indy, who find themselves back in the mix for an AFC wild card spot.
METRO NEWS SERVICES

SPORTS@METRONEWS.CA

Hasselbeck can't rally Seahawks

NFL Kurt Warner threw for 395 yards while J.J. Arrington ran for a touchdown and caught a scoring pass, as the Arizona Cardinals fended off a late rally by the Seattle Seahawks and held on for the 26-20 win. Matt Hasselbeck looked to spark an anemic offense in his return from a five-game absence due to a back issue. The veteran quarterback completed 17-of-29 passes for 170 yards with a touchdown and three interceptions for the Seahawks (2-8), who have lost three games.

Elsewhere in the NFL it was: N.Y. Giants 30, Baltimore 10; Green Bay 37, Bears 3; Denver 24, Atlanta 20; New Orleans 30, Kansas City 20; Miami 17, Oakland 15; Tampa Bay 19, Minnesota 13 and Carolina 31, Detroit 22.

METRO NEWS SERVICES

Lions come up short ... again

ToulBox

Scott Rintoul

scott.rintoul@metronews.ca

Saturday's 22-18 loss in the Western Final symbolized the majority of the past five years for the BC Lions.

For the bulk of the game, the Lions outplayed the Stamps the same way they have outplayed most of their opponents since 2004.

An unbiased observer would testify that the Lions were the better team for 70 per cent of the game, which parallels BC's regular season winning percentage since 2004.

But when it mattered most on Saturday, the Leos did not deliver — a troubling postseason trend in all but one of the past five seasons.

Though the excuses have been different each year, the reality remains the same; the Lions have not played to their potential when the stakes are raised. BC is a mediocre 4-4 in the playoffs despite boasting a lineup that is more talented than any of its opponents.

The conclusion is obvious; major change is in order if this club wants to be known for more than regular season success.

There will be a major reshuffling of the roster this off-season with many well-known veterans replaced.

Don't be surprised if the coaching staff undergoes a significant shake up, as this team struggled on offence and special teams at various points of the season.

I would be shocked if Wally Buono is shown the door, but he must also be re-evaluated since he has overseen the operation during this era of unfulfilled potential.

This regime has elevated the level of expectation for this franchise, and it must adhere to those same critical standards over the next few months.

• If you thought you were going to see kinder, gentler Alain Vigneault just because he's been directed to open up the offense, think again. Mason Raymond found out on Saturday night that Vigneault isn't about to give struggling players a free pass when he let Raymond get nice and comfortable on the Vancouver bench.

Raymond has been one of the Canucks' better players over the first seventeen games, but his play has regressed significantly of late. In Raymond's defense, he is clearly a poor fit with the Sedins as his game is much more suited to a style that favours the rush, which is the one he's thrived in when paired with Pavol Demitra or Ryan Kesler and Alex Burrows.

Want to weigh in? send me an email at scott.rintoul@team1040.ca.

Scott Rintoul is a college athlete, sports fan and broadcaster. He can be heard Monday-Friday on the TEAM 1040 from 6-9 a.m.

TONIGHT

Canucks at Islanders

VS

Tonight, 4 p.m.
TV: Rogers Sportsnet
Radio: TEAM 1040

After enjoying home cooking for two weeks, the Canucks will try to become road warriors over the next month. Vancouver kicks off a stretch of eleven of thirteen on the road with a visit to the New York area, where the Islanders are a dismal 3-6-1 at home. The Canucks have won six of their last eight, but have only defeated an Eastern team once this season.

BACK TO THE FUTURE:
Roberto Luongo generally raises his level of play with the slightest increase in motivation, which could be bad news for the team that originally drafted him in 1997. Luongo continues to sizzle in November, allowing six goals in as many games.

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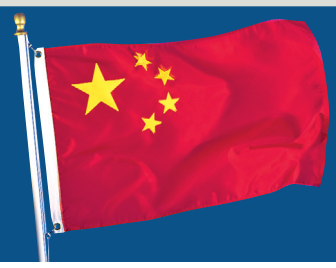
McGill among top 27 business schools in global survey
McGill University was named one of the leading 27 business schools in the world, according to a survey by Eduniversal. Along with McGill, HEC Montreal, U of T, Western, Queen's, and UBC made the top 100 list. METRO NEWS SERVICES

Workology



Recruiting China
To maintain international dominance, elite American colleges are scouring China to recruit top high school students who believe such schools are unaffordable and out of reach.
METRO NEWS SERVICES

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

KRISTEN THOMPSON/METRO VANCOUVER

Langley native Amanda Crew, who stars in the teen road trip comedy Sex Drive, at the Sutton Place Hotel Vancouver.

Chalk it up to perseverance

Amanda Crew talks of her breakthrough

KRISTEN THOMPSON
kristen.thompson@metronews.ca

If you throw her name into imdb.com, Amanda Crew has a long list of films and TV appearances, including a starring role in the recently released Seth Green comedy Sex Drive.

But the self-professed introvert-turned-class clown from Langley said working her way up from high school acting classes to Hollywood was a lesson in perseverance and self-confidence.

"When I was young … they called me mouse," said Crew, 22. "Then in the fourth grade I came out of my shell. I'd do impressions of Mr. Bean in front of the class."

From there she started taking acting classes at Tarlington Training and Carousel Theatre School and was discovered by an agent, soon landing a regular job on YTV series 15/Love.

"You get an agent and think, 'I'm set. And that didn't happen," Crew said. "For a year and a half I was auditioning non-stop and booked nothing."

Crew said it was hard not to take the rejection personally.

"It's so easy to get your hopes up and then get depressed when it doesn't happen. But it could just be that they just want a blonde and you're brunette."

She said landing the role of Felicia in Sex Drive was the culmination of years of patience and hard work, adding she's lucky to have gotten her start in Vancouver, which is a film industry hub.

"There's a certain work ethic that comes out of actors in Canada … and I've carried that with me to L.A."

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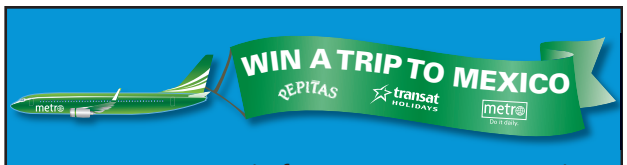

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Bringing love to a family and a child

OddJobs

If you think adoption is a straightforward process, talk to Sandra Webb. She's helped couples become parents through Children's Aid and private and international adoptions for the last 13 years.

Back in 1997, the now 56-year-old from Cobourg, Ont., drove with a Quebec couple for eight hours through a cold Russian winter day to meet their child in the hallway of an orphanage. She joined them the next day in court where they legally adopted the baby.

Yes, that was a little unusual. But it's her job to prepare prospective parents for the unexpected and the trying, as well as the wonderful.

As an adoption practitioner, she doesn't normally trip around the globe — although she did go to Russia twice — but spends her time talking with prospective parents as part of the home study portion of an adoption.

Read more on page 14 ››

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TECHNOLOGY CHANGES EVERYTHING

BCIT

Reaction to Maclean's university rankings

After finishing last in rankings of institutions of its kind in Maclean's latest University Rankings, Cape Breton University's president says the results may not change unless the ranking criteria is altered. Last year, the magazine dropped nine categories from its rankings, including areas in which CBU excelled. **METRO NEWS SERVICES**

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metro is available at your neighbourhood Blenz.

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BLENZ COFFEE

Culture shock a challenge

Cont. from page 13

Once a couple's (or single person's, if that's the case) paperwork is in order — police checks, fingerprint checks and medicals — and once they've completed a special adoption training course, she evaluates them as possible parents. She meets with them at least four times (one interview is always in their home) and collects reference letters from friends and family. The process takes around three months and at the end she prepares a report.

"Yes, it's my job to assess them, and their big concern is whether they'll be approved," she says. "But part of my job is education."

She prepares families for that first meeting with their child and the potential cultural issues when the child comes from a different racial background.

Doe she ever "fail" families? "If it was a decision not to adopt, we've made that choice together," she says. That's only happened once or twice.

After a child has been adopted, she also does followup visits according to the type of adoption (with China, for instance, the final one is 36 months after adoption).

Webb had a degree in child studies from the University of Guelph when she moved to Cobourg to get married in the early 1970s. She got a job at the Children's Aid Society there, as an intake worker. She eventually started doing some work there with adoptions of crown wards, and loved it.

In 1995, after working on and off for Children's Aid, as well as doing some work in private adoption, she officially went into private practice as an adoption practitioner.

She does this half the time and the other half she offers therapy, mainly for families who have adopted and who are struggling. She gets to see it all: The frustration of waiting for a child; the joy of having one finally arrive; and the challenge of building a brand new family.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

The Lowdown

Job title: Adoption practitioner

Salary: A home study costs about $2,200

Education/Training: Today, you need a masters and adoption experience to be certified in Ontario; Webb was grandfathered into the system because of her considerable experience

Best Part of the Job: "Being a part of families' lives, during the good and the difficult."

Worst Part of the Job: "When families don't get a child. And when people adopt and they're having huge, huge problems. It's hard watching families struggle."

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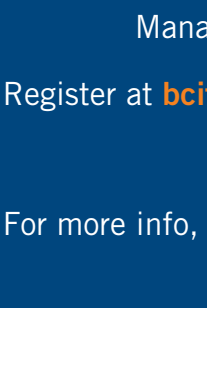

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For more info, visit bcit.ca/pts

TECHNOLOGY CHANGES EVERYTHING

BCIT

Andress tops Bond girl poll
Original Bond girl Ursula Andress has beat out competition from Halle Berry and Kim Basinger to be named 007's sexiest siren, according to a new online poll by Moviefone.com. IMDB.COM

Entertainment

Gift to Africa

Anthony Edwards agreed to return for E.R.'s final episodes on condition his paycheck be donated to the African charity, Shoe4Africa, which promotes AIDS awareness. IMDB.COM

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Online music tuner

We are facing a revolution in music. Online music sites are conquering with internet with tens of millions of users.

Websites are not only one-way radio stations — they are also community websites and have become intelligent and can now suggest the types of news music and artist you should try listening to, and can even adjust to your mood.

Most of them avoid the minefield of rights issues by becoming friends of big labels so we can have access to unlimited music records for free.

METRO WORLD NEWS

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Four online services to tune in on with your computer

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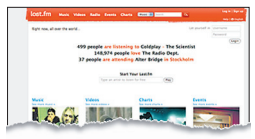

Last.FM
●●●●

Imeem.com
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Pandora.com
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	Spotify.com ●●●●●	Last.FM ●●●●	Imeem.com ●●●●	Pandora.com ●●
What it does	Streams music to the computer and cannot be saved or stored. It can only be listened to in real time.	Internet radio community website. Not allowed to upload copyrighted audio files except of commercially available albums.	Social media network with free on-demand streaming of music and video content.	Internet radio service. **Only in USA**
Usage	Small application must be downloaded.	Last.fm player application must be downloaded	Web based.	Web based, only available in the USA.
Cost	Free with ads (currently only available on invitation) Otherwise $15 per month for unlimited listening.	Free, or subscribe for $3 US per month.	Free, registration required to play many full length tracks. **Also video**	Free subscription is supported by ads and a non-fee subscription is provided without ads.
Number of songs	Seems to be unlimited.	Over 3.5 million individual audio tracks.	Unknown.	Over 600,000.
Comment	Simple itunes-like interface with good streaming. Free version is not open for all.	Builds profile of based on what you play. Grade, comment and share playlists.	Users can create, recommend and discover music, film/video and art.	Provide feedback on the selections that Pandora stores for future reference.

Madonna asks fans to donate to Malawi school

Pop diva Madonna is asking fans to donate money so she can build a girls' school in Malawi for underprivileged children.

In a video posted on her Web site, the singer described her inspiration for building the multimillion dollar project.

"There are very few girls in Africa in general who are encouraged or allowed to go to secondary school, so after spending a lot of time there I realized that one of the ways I could help is to build a girls' school," said Madonna, who officially adopted a young Malawian boy, David Banda, in May. "I would really be grateful if you would get involved and help me in any way that you can, with donations, spreading the word, visiting my website, reading about the progress that we've made so far," Madonna said in the appeal, which was posted last week. REUTERS

Madonna

Show the animals you care with a BC SPCA *Paw*sitive Gift!
www.PawsitiveGifts.ca

GUEST EDITOR JAMES BLUNT

New music just a mouse click away

The digital revolution has brought record stores into our homes, and it's a great thing. Sure, illegal file-sharing between friends and illegal downloading has decimated the music industry, and as such new bands are finding it harder to get investment to get them into recording studios, but as time goes on, there are an increasing number of easy to use, value for money, online music retailers. iTunes was at the forefront of the industry, but healthy competition is on its way, and hopefully, the music industry will find its feet again.

weekend box office

1. **Quantum of Solace:** $70.4 million US
2. **Madagascar: Escape 2 Africa:** $36.1 million
3. **Role Models:** $11.7 million
4. **High School Musical 3: Senior Year:** $5.9 million
5. **Changeling:** $4.2 million
6. **Zack and Miri Make a Porno:** $3.2 million
7. **Soul Men:** $2.4 million
8. **The Secret Life of Bees:** $2.4 million
9. **Saw V:** $1.8 million
10. **The Haunting of Molly Hartley:** $1.6 million REUTERS

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A case of different perspectives

Testimony

Author: Anita Shreve
Publisher: Little, Brown and Co.
Price: $28.99 (Hardcover)

In Testimony, Oprah's Book Club alumnus Anita Shreve explores how the actions contained on one videotape can change the lives of every person invested in it. When Mike Bordwin, headmaster at New England's Avery Academy, receives a videotape depicting underage sex, he is challenged to properly handle the issue and discover the origin of the controversial images.

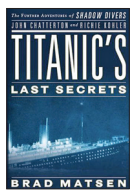
Through his accounts and those of nearly 20 others involved in the case, a greater picture begins to unfold. Each chapter relies on one character's testimony, thus unearthing more and more about the emotionally charged video and its consequences.

The Private Lives of Pippa Lee

Author: Rebecca Miller
Publisher: HarperCollins
Price: $16.50 (Paperback)

Filmmaker, actress and author Rebecca Miller writes about the inevitable downside to stability in her new novel, The Private Lives of Pippa Lee. At 50 the title character, whose youth was little less than tempestuous, has just got used to her simple, suburban lifestyle. When her 80-year-old husband suggests moving to a nursing home to spend his final days, the thought of another drastic life change prompts Pippa to recall her rocky past. The film adaptation, directed by Miller, is due out next year. Pippa will be played by Robin Wright Penn, supported by Julianne Moore and Winona Ryder.

BookPicks



Titanic's Last Secrets

Author: Brad Matsen
Publisher: Twelve
Price: $30.99 (Hardcover)

Brad Matsen retells the titanic journey taken by John Chatterton and Richie Kohler, whose underwater U-Boat discovery he detailed previously in Shadow Divers. Now, the pair is headed for the Titanic. Matched with Matsen's historical research, Chatterton and Kohler investigate the ship that sank in 1912 to discover why The Unsinkable went down so fast. The book traces the Titanic back to its original construction and eventual destruction, detailing structural errors that contributed to the ship's demise. Drawing on Titanic players past and present, the team uses exploration with empirical research to reveal the ill-fated ship's last secrets. **BRIAN COULTON/ FOR METRO CANADA**

IntelleVision

Rick McGinnis

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See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

GlobalStyle

Kenya Hunt

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see back page

11/17/08

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime	251	308	3 CBC	Coronation St.	Jeopardy! (N)	Dragon's Den (N) (CC)		The Border "The Sweep" (N)		CBC News: The National (N)		(:05) The Hour
	255	358	6 JOY	E! News	The Insider	Name Is Earl	How I Met	How I Met	Worst Week	(:02) Boston Legal (N) (CC)		News (N)
	254	-	8 M	Two/Half Men	Two/Half Men	News (In Mandarin N)		News (In Cantonese N)		News (In Punjabi N)		Metropia
	250	321	9 CTV	etalk (CC)	Hollywood	Dancing With the Stars (Live) (CC)			Corner Gas	CSI: Miami (N) (CC)		News (N)
	-	-	10 OMNI	Scrubs (CC)	According-Jim	Stargate SG-1 "Bloodlines"		One Tree Hill (N) (CC)		The Daily	Perspectives	New Day
	252	336	11 GTV	Entertainment	ET Canada	Prison Break "Quiet Riot" (N)		Heroes "It's Coming" (N)		My Own Worst Enemy (N)		News (N)
	256	389	12 VI	Instant Star	TMZ (N) (CC)	Sarah Connor Chronicles		Two/Half Men	Samantha	(:02) The Mentalist (N) (CC)		News (CC)
	253	359	13 CITY	Law & Order: SVU		Chuck (N) (CC)		Celebrity Fit Club (CC)		Curb-Enthsm	Less-Kind	EP Daily
	-	-	14 CW	Deal-No Deal	Deal-No Deal	Gossip Girl (N) (CC)		One Tree Hill (N) (CC)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	Big Bang Th	How I Met	Two/Half Men	Worst Week	CSI: Miami (N) (CC)		News (N)
	287	379	16 NBC	Evening Mag.	Inside Edition	Chuck (N) (CC)		Heroes "It's Coming" (N)		My Own Worst Enemy (N)		News (N)
	602	568	19 W	Will & Grace	Friends (CC)	How Clean	House	Love It or List It (N)		Real Est	Kim	House
	288	380	21 ABC	Wheel-Fortune	Jeopardy! (N)	Dancing With the Stars (Same-day Tape)			Samantha	(:02) Boston Legal (N) (CC)		News (N)
	-	-	23 KVOS	M*A*S*H	Seinfeld	Glitter ★ (2001, Drama) Mariah Carey, Max Beesley, Da Brat.				King	Still Standing	Scrubs (CC)
	291	383	27 PBS	Steves Europe	Antiques	Antiques Roadshow (CC)		American Experience "Oswald's Ghost"			P.O.V. "In the Family" (CC)	
	290	382	28 FOX	Two/Half Men	Two/Half Men	Sarah Connor Chronicles		Prison Break "Quiet Riot" (N)		News (N) (CC)		Family Guy
	-	364	43 PBS	American Exp.	It All Adds Up	Keeping Up	Being Served	Tavis Smiley	Charlie Rose (N) (CC)		Antiques Roadshow (CC)	
	296	654	64 SBK	Frasier (CC)	Frasier (CC)	Punk'd (CC)	South Park	Cheers (CC)	Half & Half	The Insider	Entertainment	Paid Program
	298	653	65 TLA	Two/Half Men	Two/Half Men	Gossip Girl (N) (CC)		One Tree Hill (N) (CC)		KTLA Prime News (CC)		Friends (CC)
	295	651	66 WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	According-Jim	Sex and-City	Friends (CC)	Will & Grace	My Wife-Kids
	297	652	67 WPX	CW11 News at Ten (N) (CC)		Two/Half Men	Friends (CC)	Sex and-City	Will & Grace	According-Jim	Frasier (CC)	Odd Couple
	199	311	76 STR	News (N)	News		Late Show-Letterman		(:37) The Ex List (CC)		Late Late Show	
news	502	390	26 NW	The Mama Mia Story (N)		CBC News: The National (N)		CBC News: The National		The Mama Mia Story (CC)		National
	500	500	33 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	Red Bull: Air	NHL Hockey Vancouver Canucks at New York Islanders. (Subject to Blackout)					Sportsnet Connected (Live)		Hockey
	400	400	30 TSN	NFL Football: Browns at Bills			SportsCentre (Live) (CC)		Boxing: Andrade vs. Bute		Strength	SportsCentre
	411	457	49 OLN	Departures (CC)		Pilot Guides (CC)		Don't Forget Your Passport		The Academy "My O'Miley"		Departures
	410	403	54 SCR	WWE Monday Night Raw		(:15) Score Tonight		WWE Monday Night Raw (CC)				Cabby Unlimit
	417	406	55 SC	Barrett-Jackson		Pinks	Pass Time	This Week in NASCAR		Car	Car	Auctions
	416	409	144 GLF	(6:00) Fútbol de España		Gol TV News		Ole: La Liga		Paid Program	Kings Club	Gol TV News
family	552	543	25 YTV	Malcolm-Mid.	Home Imp.	Malcolm-Mid.	Fresh Prince	Futurama	Prank Patrol	Mystery Hnt.	Adrenaline	Mystery Hnt.
	555	545	50 TEL	George	Bugs Bunny & Tweety Show		Wayside	Johnny Test	Futurama	American Dad	Chicken	Life's a Zoo
	557	541	51 FAM	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
	553	546	56 TRE	Comfy Couch	Rolie Polie	Beren. Bears	Babar (CC)	Backyard	Dora-Explorer	Go, Diego, Go!	Franklin	Comfy Couch
cable variety	268	354	5 KNO	Life in Cold Blood (N) (CC)		Hockey: A People's History		The Man Who Shot Chinatown (N) (CC)			Grannies	Haida Art
	575	583	20 CMT	Hope & Faith	Hope & Faith	Reunion	Tara Diaries	Home Imp.	Home Imp.	Reba (CC)	Reba (CC)	Hope & Faith
	570	580	24 MM	MuchNews	NewMusic	MuchVibe (CC)		You Can Dance		Dance	TBA	MuchVibe
	600	564	25 H&G	Income Prop.	House	Holmes on Homes (CC)		Property	Marriage	Income Prop.	My First Place	Home to Stay
	615	520	31 A&E	The First 48 (CC)		The First 48 (CC)		Intervention "Allison" (CC)		Intervention "Phillip" (CC)		The First 48
	628	584	32 SPKE	CSI: NY "Fare Game" (CC)		CSI: Crime Scene		CSI: NY "Cool Hunter" (CC)		CSI: NY (CC)		CSI: NY (CC)
	521	560	34 TLC	Twins, Twins & Sextuplets (N)		Little People	Little People	Jon & Kate Plus 8 (CC)		Twins, Twins & Sextuplets		Little People
	616	522	35 SHO	Love-Death	Love-Death	Painkiller Jane (CC)		Kenny-Spenny	Rent-A-Goalie	Name Is Earl	Name Is Earl	The Office
	620	523	40 BVO	Whoever You May Be		Law & Order "Gunshow"		Without a Trace (CC)		Winchell ★★★ (1998) Stanley Tucci. (CC)		
	601	562	41 SLC	Project Runway		Til Debt-Part	Newlywed	Beautiful	Party Mamas	Project Runway		Trading Sp
	520	505	42 DIS	Canada's Worst Driver (N)		Daily Planet (CC)		Dirty Jobs (CC)		Canada's Worst Driver (CC)		MythBusters
	522	506	44 HIS	NCIS "Blackwater" (CC)		Battle 360 (CC)		Underworld Histories Boston.		NCIS "Blackwater" (CC)		Crime Stories
	627	528	45 SPC	Eureka "Best in Faux" (CC)		Stargate SG-1 (CC)		Lost "The Whole Truth" (CC)		Star Trek: Deep Space Nine		Star Trek
	294	650	47 TBS	Name Is Earl	Name Is Earl	Bill Engvall	Bill Engvall	Sex and-City	Sex and-City	The Man ★★ (2005) (PA) Samuel L. Jackson.		
	619	525	48 TROP	TV Made	Very Bad Men (CC)		What	Make	TV Made	Planet Soap	Reality	Final 24 (CC)
	603	561	52 FN	Kitchen Nightmares (CC)		Restaurant Makeover (CC)		Challenge (CC)		Good Eats	Ace of Cakes	Nightmares
	626	547	57 COM	Air Farce	Just for Laughs (CC)		Corner Gas	The Simpsons	South Park	Doug Stanhope: No Refunds		Daily Show
	320	621	60 CEN	Stargate Atlantis (N) (CC)		Californication	Making Of	Brotherhood (N) (CC)		28 Weeks Later ★★★ (2007) Robert Carlyle.		
	581	566	101 MTV	The Hills (N)	After Show	MTV Live	MTV News	Man and Wife	The Hills	The Hills	After Show	MTV Live
	261	394	102 V	The Protestant Revolution		Mysterious Ways "Intentions"		Prime Minister	May-Dec.	McLeod's Daughters (CC)		Paid Program
	-	-	109 MUL	Matchmaker	Mom's-Upset	It Will Be Difficult to Love		Marimar		Pinoy: That's Entertainment		Patrol World

critics'corner

My Own Worst Enemy
Henry (Christian Slater) starts suspecting that his wife, Angie (Madchen Amick), is a spy planted by Janus. Meanwhile, Edward (Slater) makes a dangerous deal with KGB Agent Mariam Shefer (Isabella Hofmann) in exchange for information about his past. Mavis (Alfre Woodard) then sends Raymond (Mike O'Malley) to keep an eye on him, while Dr. Skinner (Saffron Burrows) investigates Angie and finds that her feelings for Edward are stronger than she'd like to believe. 10 PM on NBC GTV

Dance, Dance, Whoever You May Be
Irish dancing, which attracted worldwide attention with the popularity of "Riverdance" and "Lord of the Dance," is spotlighted in this special, which takes its title from a line in the song "Lord of the Dance." It follows five young dancers preparing to show their steps in a national competition, while also touching on the history and tradition of this unique dance form. 7 PM on BVO

Bear Grylls expecting a new cub

Man vs. Wild star Bear Grylls and his wife Shara are expecting their third son. The baby is due in January and the couple is considering the name Huckleberry for their new addition. **PEOPLE.COM**

Celebrity Buzz

Activists flour Lohan

CONTROVERSY Lindsay Lohan's trip to France turned sour early on Saturday morning when she was showered with flour at a Paris club, imdb.com reports.

An anti-fur activist covered the actress with flour as she was partying with friends on the city's famous Champs-Elysees.

"Lindsay Lohan — fur hag!" he yelled, as the actress stood fuming after the attack.

"Lindsay was mortified and then furious," a bystander says. "She's in Paris supporting her girlfriend, DJ Samantha Ronson, and I think she was planning a flour-free weekend."

It's believed the flour thrower was connected to animal rights group People For The Ethical Treatment of Animals (PETA), which has attacked Lohan in recent days for wearing fur coats. "She was named on PETA's annual Worst Dressed List earlier this year," a statement from PETA reads.

PETA Europe's Robbie LeBlanc has applauded the flour attack on Lohan, stating, "There is nothing remotely fashionable about the torture and death of animals killed for fur.

"Lindsay Lohan might be able to ignore images of bloody animals skinned alive for their pelts, but we hope a dash of flour will help her rise to the occasion and forsake fur once and for all."

A spokesperson for Lohan was unavailable for comment.

METRO NEWS SERVICES

No body doubles for Winslet

HEALTH Kate Winslet doesn't use a body double in her movies and disputes weight-loss claims. What's her secret?

"My mantra is 'keep it simple,'" the actress tells the U.K.'s Daily Mail in a new interview, revealing that she cooks at home and she eats anything except pasta — "it gives me a stomach ache." She also exercises with Pilates, People.com reports.

"I have a mat and little hand weights and I do a stomach thing and a bum thing," she says of practising to a DVD "on the living room carpet."

METRO NEWS SERVICES

Matenopoulos' husband files for divorce

SPLIT TV personality Debbie Matenopoulos says she is hurt — and surprised — by her husband's divorce filing, which she learned about from Internet reports, People.com reports.

"I am extremely saddened by the dissolution of my seven-year relationship with my husband," the host of E!'s Daily 10 told People. Jay Faires, a music executive, filed for divorce, citing irreconcilable differences, according to Los Angeles court papers filed Wednesday. Faires, who wed Matenopoulos, 33, in July 2003 and separated from her in March 2008.

METRO NEWS SERVICES

Theron named a Messenger of Peace

APPOINTMENT Charlize Theron has been named a United Nations Messenger Of Peace for her work towards ending violence against women, imdb.com reports.

The actress was awarded the title on Friday, joining the ranks of fellow actors George Clooney, Michael Douglas and musician Yo-Yo Ma. U.N. Secretary-General Ban Ki-moon bestowed the honour on Theron.

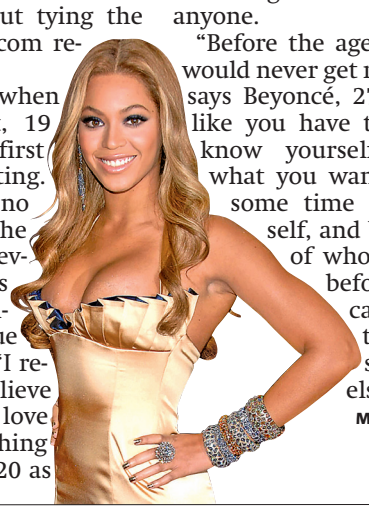
"You have used your voice, compassion and special relationship with the public to create a better world," Ki-moon said.

Celebrities chosen as messengers of peace are asked to promote U.N. activities and ideals through public appearances and media contacts.

METRO NEWS SERVICES

Beyoncé was in 'no rush'

MARRIAGE Beyoncé, who has always been tight-lipped about her marriage to Jay-Z, is finally giving some insight into her thoughts about tying the knot, People.com reports.



"I was 18 when we first met, 19 when we first started dating. There was no rush," the singer tells Seventeen in its December/January issue, due out Tuesday. "I really don't believe that you will love the same thing when you're 20 as you do at 30."

The singer says she wanted to have a strong sense of self before making a lifelong commitment to anyone.

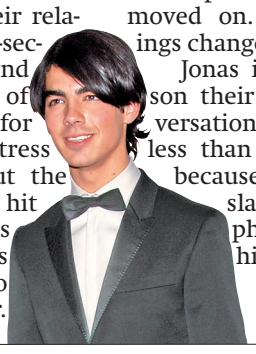
"Before the age of 25, I would never get married," says Beyoncé, 27. "I feel like you have to get to know yourself, know what you want, spend some time by yourself, and be proud of who you are before you can share that with someone else."

METRO NEWS SERVICES

Jonas denies he cheated on Swift

RELATIONSHIPS Jonas Brothers star Joe Jonas has denied cheating on ex-girlfriend Taylor Swift, attributing the breakup to "a change of heart," imdb.com reports.

Jonas came under fire recently after Swift revealed he had ended their relationship in a 27-second phone call and accused him of dumping her for 10,000 BC actress Camille Belle. But the singer has now hit back, and is adamant he was never unfaithful to the country singer.



"I never cheated on a girlfriend," he writes on the band's official blog. "It might make someone feel better to assume or imply I have been unfaithful but it is simply not true. Maybe there were reasons for a breakup. Maybe the heart moved on. Perhaps feelings changed."

Jonas insists the reason their break-up conversation took place in less than 30 seconds is because Swift slammed the phone down on him.

METRO NEWS SERVICES

Vardalos, husband adopt girl

ADOPTION Nia Vardalos, the breakout star of the 2002 hit My Big Fat Greek Wedding, has adopted a child, People.com reports.

The little girl, whose name has not been released, is the first for the 46-year-old actress and her husband, Ian Gomez, E! Online reports. The couple adopted the toddler, who is less that five years old, several months ago. "They are going public now to bring attention to National Adoption Month and the 500,000 children in foster care," according to a statement from Vardalos' rep. "Of these children, 129,000 are 'legally free' for adoption."

METRO NEWS SERVICES

Jewel eager to start family

PEOPLE Singer Jewel is eager to start a family now that she's a married woman, femalefirst.co.uk reports. The newlywed has revealed she plans to conclude her tour commitments and then start preparing for parenthood with her husband Ty Murray.

"We want to start a family. I hope to tour next year and start a family," Jewel says. The couple married in August.

METRO NEWS SERVICES

Sigler glad she didn't have kids

PEOPLE Former Sopranos star Jamie-Lynn Sigler is "glad" she didn't have children with her ex-husband, as she was too young and "misguided" to start a family, imdb.com reports.

The 27-year-old actress married her agent, A.J. Discala, in 2003 but they split just two years later.

And Sigler is happy she didn't follow her initial instinct to have a baby with her former partner.

"(I was) often misguided and misled," she tells New York Post's Page Six magazine. "I didn't know who I was. I was living in an idealistic dream world — like, 'I have a successful show and this handsome man, and I'm 22 and I'm getting married and may have a baby next year!' But, man, am I glad we didn't have children."

GETTY IMAGES PHOTOS

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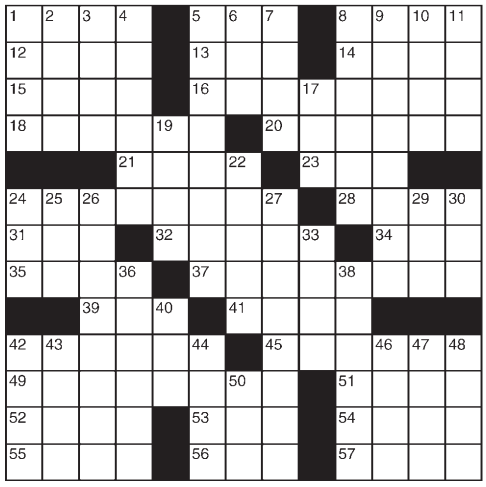
Take Five



Crossword across

1 Donate
5 Floor cleaner
8 Sail support
12 Mideast gulf
13 First lady?
14 Reverberate
15 Approach
16 Quebecois, e.g.
18 Half a pair of winter boots
20 Teeny bit
21 October birthstone
23 Deposit
24 Southwestern saloons
28 Vegan's no-no
31 Lingerie item
32 Shy
34 Hot tub
35 Collections
37 Flour receptacle
39 Hostel
41 Con game
42 Sent packing
45 Grassy plains
49 Australia's capital
51 Audition hope
52 Bedouin
53 Where (Lat.)
54 Story
55 Depend (on)
56 Soviet spacecraft
57 Counterfeit

Crossword down

1 Group of hoodlums
2 Notion
3 Osso buco ingredient
4 Establish
5 Garage worker
6 Eggs
7 Calligrapher's supply
8 Seance VIP
9 Severe trial
10 Carpet style
11 Coloration quality
17 Rock concert need
19 Skewer
22 Actor Lorenzo
24 Couric's network
25 Exist
26 Countrywide
27 "The Jungle" author
29 Gorilla
30 Paving material
33 Rotary phone feature
36 Persnickety
38 Intelligence
40 Born
42 Cicatrix
43 Tortoise's opponent
44 Conga, e.g.
46 Ark builder
47 Earthenware pot
48 Appear
50 Bat stat

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

3		4				2		5
	1		4		5		7	
7			9		2			1
		9	5		1	7		
		8	2		6	1		
9			7		8			6
	5		3		9		8	
2		7				3		9

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

M	O	P		A	M	I	D	
A	G	O		B	O	O	R	
T	R	U	E	B	L	U	E	
T	E	T	R	A	D		S	O
			I	C	Y		S	U
S	P	A	C	Y		J	E	T
U	L	N	A		B	U	D	
B	E	E		P	E	G		D
S	A	W	R	E	D		M	I
			U	Z	I		A	R
F	E	R	N		Z	A	N	E
O	V	E	N		E	P	I	C
B	E	V	Y		N	E	A	T

C	L	E	F					
L	E	E	R					
O	I	L	Y					
T	A	N						
E	T	A						
G	R	O	G					
D	U	M	P	S				
M	I	L						
A	R	A	B	L	E			
G	R	E	Y					
A	G	E						
G	O	D						

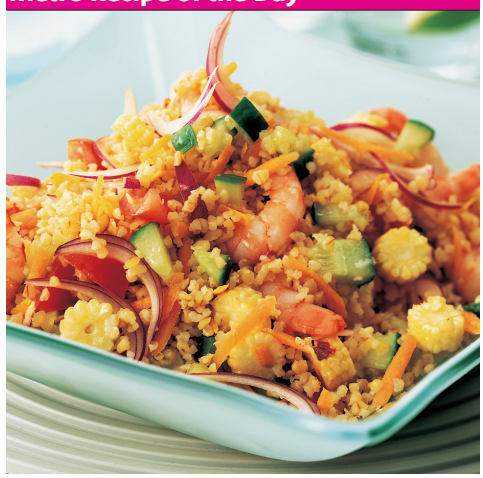
3	4	2	9	7	6	8	5	1
7	8	9	5	1	3	6	2	4
1	6	5	8	2	4	3	9	7
4	1	8	2	3	5	9	7	6
2	9	6	1	8	7	4	3	5
5	7	3	4	6	9	1	8	2
6	5	7	3	9	1	2	4	8
8	3	4	6	5	2	7	1	9
9	2	1	7	4	8	5	6	3

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:

Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Metro Recipe of the Day



Bulgur Wheat and Shrimp Salad

INGREDIENTS:

1 1/3 cup (400 mL) bulgur wheat
1 small red onion, very thinly sliced
1 carrot, coarsely grated
1 tomato, diced
6 baby corn cobs, sliced into rounds
1/2 cucumber, diced
7 oz (200 g) shelled cooked shrimp

LIME AND CHILI DRESSING:

4 tbsp (60 mL) extra-virgin olive oil
2 tbsp (25 mL) lime juice
1 garlic clove, crushed
1/4 tsp (1 mL) dried chili flakes
Salt and fresh-ground black pepper

METHOD:

1. Put bulgur wheat in a saucepan over medium heat and pour over 2 2/3 cups (650 mL) water. Bring to a boil. Reduce heat and simmer until bulgur wheat is tender and water is absorbed, about 10 minutes. Tip bulgur wheat onto a flat dish, spread out and leave to cool slightly.

2. Combine onion, carrot, tomato, corn, cucumber and shrimp in a large salad bowl. Add cooked bulgur wheat and stir together.

3. For dressing, put oil, lime juice, garlic, chili flakes, and salt and pepper to taste in a small bowl. Whisk with a fork until combined. Stir dressing into salad, tossing to coat all ingredients evenly. If not serving immediately, cover and keep in the refrigerator.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes

AVATAR VENUS

ARIES ♈
MARCH 21-APRIL 20
Closure is found in a restraining relationship. Whimsy is needed to cheer a depressed friend. Ethical actions will bring joy to your home.

TAURUS ♉
APRIL 21-MAY 21
A debate leads to moody tantrums. Prepare for an increased need for privacy. Someone wants to live with you.

GEMINI ♊
MAY 22-JUNE 21
Apprehension is diminished by excellent news. A sudden reversal causes resentment. An ambitious person needs time alone to plan.

CANCER ♋
JUNE 22-JULY 22
A habit causes distress for a close friend. Worrying about things will waste precious time. Strange conversations will raise eyebrows.

LEO ♌
JULY 23-AUG 23
You must carve out your own path. There's uncertainty about how others feel. An unusual person is quite attracted to you.

VIRGO ♍
AUG 24-SEPT 22
People comment on your blissful preoccupation. Unavoidable delays hamper movements. Be aware of your effect on other people.

LIBRA ♎
SEPT 23-OCT 23
Cunning friends will use rational analysis. A demure smile gets a response. Conceal your impatience when dealing with an important person.

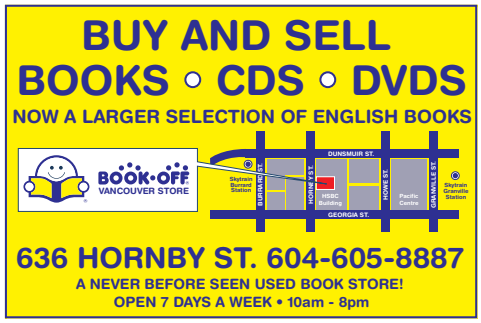
SCORPIO ♏
OCT 24-NOV 22
A romance is impossible today. An authority figure's gestures make a profound impression. Avoid using trickery to get what you want.

SAGITTARIUS ♐
NOV 23-DEC 21
Versatility helps to turn a new page in your life. Commotion arises after an angry remark is made. Whispered words tell a tale of uncertainty.

CAPRICORN ♑
DEC 22-JAN 20
Someone's misconception leads to alienation. An opinionated person strains your patience. If something's not working, don't try to fix it.

AQUARIUS ♒
JAN 21-FEB 18
Expect help in a troublesome situation. There's news of a wedding, a birth and an illness. Refuse to bow down to authority.

PISCES ♓
FEB 19-MARCH 20
Children's laughter brings you good luck. Clear away the rubble of the past and get on with your life. Flattery will get you nowhere.



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